

SHARPSVILLE AREA SCHOOL DISTRICT

Special Meeting

August 26, 2020

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The special meeting of the Sharpsville Area School Board was held in the Instrumental Music Room at the Sharpsville Area Elementary School on Wednesday, August 26, 2020, at 6:00 p.m. with President Deana Thomas presiding. The following members were present: Ron Barnes, Darla Grandy, Nicholas Hanahan, Michael Lenzi, Janice Raykie, Mary Sternthal, Deanna Thomas, Joseph Toth, and Jerry Trontel.

Also present were Superintendent John Vannoy and Business Manager/Board Secretary Jaime Roberts. Guests participated virtually.

**ADOPTION OF THE AGENDA**

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There was a motion by Mr. Barnes, seconded by Mr. Hanahan, to approve the meeting agenda.

Motion carried.

**UNFINISHED BUSINESS**

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Dr. Thomas recommended the following action:

**CHANGE ORDER RESCINDMENT**

There was a motion by Dr. Thomas, seconded by Mrs. Raykie to remove the following motion from the table:

*There was a motion by Mrs. Grandy, seconded by Mr. Toth, to rescind the motion dated April 23, 2019 authorizing the change orders to withhold one and one half (1 1/2) times the cost to repair the nineteen (19) floor drains at the field house for a credit of \$57,000.*

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

The original motion was voted on as follows:

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

#### **CHANGE ORDER – FLOOR DRAINS**

There was a motion by Dr. Thomas, seconded by Mrs. Raykie, to remove the following motion from the table:

*There was a motion by Mrs. Grandy, seconded by Mr. Toth, to authorize a change order to DeClan Construction to withhold one and one half (1 1/2) times the cost to repair the nineteen (19) floor drains at the field house for a credit of \$57,000.*

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

The original motion was voted on as follows:

Approved: None

Opposed: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Motion Failed.

#### **VRABEL PLUMBING**

There was a motion by Dr. Thomas, seconded by Mr. Hanahan, to remove the following motion from the table:

*There was a motion by Mrs. Grandy, seconded by Mr. Toth, to authorize final payment to Vrabel Plumbing.*

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

The original motion was voted on as follows:

Approved: None

Opposed: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Motion Failed.

### **RENOVATION – FIELD HOUSE**

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Chairperson Janice Raykie recommended the following action:

### **SETTLEMENT AGREEMENT**

There was a motion by Mrs. Raykie, seconded by Mr. Trontel, to authorize the Board Solicitor to formalize a mutually agreeable settlement with the Sharpsville Area School District and Declan Construction and Vrabel Plumbing regarding the modification and adjustment of the concrete floors and drains and other punch list items that remain to be completed in the remodeled field house as outlined in the terms attached hereto and made a part hereof by reference.

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

### **ATHLETIC REPORT**

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Chairperson Deanna Thomas recommended the following action:

### **APPROVAL OF FALL 2020 ATHLETIC SEASON**

There was a motion by Dr. Thomas, seconded by Mr. Hanahan, to approve the Sharpsville Area School District's student participation in PIAA sponsored inter-scholastic events for the fall 2020 season with all PIAA, District 10, and Sharpsville Area School District health and safety protocols being followed.

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

### **REVISED ATHLETICS HEALTH AND SAFETY PLAN**

There was a motion by Dr. Thomas, seconded by Mr. Trontel, for the Revised Athletics Health and Safety Plan with Waivers being required by participants and their parents/guardians, as well as, each coach, event worker, event official, and volunteer. All properly completed forms for students, coaches, and volunteers must be returned to the Athletic Director by September 8, 2020, or before they can participate in the sport. Completed forms for event workers and event officials must be completed before they can participate in a competition. A copy of the revised plan is attached to and a part of these minutes.

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

### **SUPERINTENDENT'S REPORT**

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Mr. Vannoy recommended the following action:

### **WAIVER FORM FOR SCHOOL ACTIVITIES**

There was a motion by Mr. Trontel, seconded by Mrs. Raykie, to require a participation Waiver for Communicable Disease including COVID-19 by participants, their parents/guardians, as well as, sponsors, advisors, and volunteers. All properly completed forms for students and Sponsors, Advisors, and Volunteers must be returned to the building principal by September 8, 2020, or before they can participate in the club/activity, whichever is later. A copy of the waiver is attached to and a part of these minutes.

Approved: Barnes, Grandy, Hanahan, Lenzi, Raykie, Sternthal, Thomas, Toth, and Trontel

Opposed: None

Motion Carried.

**ADJOURNMENT**

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There was a motion by Mr. Barnes, seconded by Mr. Lenzi, to adjourn the meeting.

Motion Carried.

The meeting adjourned at 6:47 p.m.

  
\_\_\_\_\_  
Jaime L. Roberts, Board Secretary



1. Indentation on roof of field house.

- a. It is my understanding the roof has the existing plywood from the original construction which is 1/2-inch in thickness;
- b. the Field House construction contract with Declan Construction identified specific areas of the roof to be fixed which did not include the area now in question;
- c. Declan Construction did appropriately repair all areas of the roof they were responsible for. In performing those repairs, they utilized a scaffold while walking across the roof specifically to protect the shingles and plywood underlayment;
- d. Declan Construction is aware that D&G Mechanical also walked on the roof at/or near the area in question without any scaffolding or protection. Declan Construction notified the architects about this issue at the time it occurred.
- e. Declan Construction may be willing to buttress that area with a 2x4 on a purely gratuitous basis and not as a result of any improper work performance by Declan.





2. Referee's locker room

- a. We would like to address all issues about the drains with the following understanding. Prior to the construction of the floor and the drains there was a meeting between the parties where it was requested by the Sharpsville Area School District to eliminate a lip around the drains that was part of the original construction contract. It is my understanding that they wanted the lip removed for appearances as well as future cleaning. Eliminating that lip around the drains affected the amount of fall leading into each and every drain in the project.
- b. Declan Construction believes and therefore avers any issues the school district has now with water drainage is related in part to their request, for appearances and future cleaning purposes, to eliminate the lips around the drain. Having said that, we will address the Referee's locker room as requested, again on a gratuitous basis.
- c. Declan Construction is willing to put a threshold across the doorway between the Locker room and the Referee's bathroom so as to repel water as described in my July 13, 2020 correspondence.

3. Men's room, lady's room and foyer area.

- a. The drains identified by you on our second Field House inspection are in compliance with the specs of the contract.
- b. It is our belief and understanding that the resolution we discussed regarding the drains during the first inspection of the field house project wherein a specific drain will be replaced in the visitor's locker room. Declan Construction and Vrabel Plumbing, offered to purchase two floor cleaning machines that we believe will eliminate the concerns raised in this area of the project.

4. Trainer's room

- a. The drains identified by you on our second Field House inspection are in compliance with the specs of the contract.



- b. It is our belief and understanding that the resolution we discussed regarding the drains during the first inspection of the field house project wherein a specific drain will be replaced in the visitor's locker room. Declan Construction and Vrabel Plumbing, offered to purchase two floor cleaning machines that we believe will eliminate the concerns raised in this area of the project.

5. Schlage Locks/Cores

- a. It is my understanding that the parties held meetings regard keying of the field house project, on at least four separate occasions.
- b. It is my understanding that for Schlage locks/cores to be purchased, paperwork was necessary to be completed by the school district. Declan Construction specifically requested that Wade Hoagland and the school district fill out the necessary paperwork so that Schlage locks could be provided. Sharpsville School District never provided the necessary paperwork despite repeated requests by Declan Construction, in order for them to purchase the Schlage locks/cores.
- c. The locks/cores that were purchased were at the same price as the Schlage locks/cores now being stated as having not been provided. Accordingly, there is no credit available.
- d. During the numerous meetings on the lock/core and keying issue, Declan Construction repeatedly offered to do one master key that would open all locks/cores and Wade Hoagland specifically stated that he did not want that at the time. Mr. Hoagland stated that when the work, which is I believe being done currently on the high school project, was completed they would then re-key all the locks/cores.
- e. Declan Construction has fully performed on this issue and no credit is available. Having stated that, if the Sharpsville School District will provide the paper-work presented approximately 2 years ago, they will provide Schlage locks/cores for the field house project.



# **Sharpsville Area Middle/High School Athletics, Health and Safety Plan 2020-2021**



**Sharpsville Area Middle/High School  
301 Blue Devil Way  
Sharpsville, PA 16150  
724-962-8300**



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## Resocialization of Sports Recommendations

This guidance is preliminary; as more public health information is available, the administration may work with impacted entities to release further guidance which could impact fall, winter, or spring seasons.

### Introduction

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The SASD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA. The SASD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

### Recommendations

#### Recommendations for **ALL LEVELS** for Junior and Senior High Athletics

1. Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. The screenings could range from a verbal/written questionnaire to a temperature check. Temperatures at 100.4 or higher will be sent home.
2. Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.
3. Intensify cleaning, disinfection, and ventilation in all facilities
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
5. Educate Athletes, Coaches, and Staff on health and safety protocols
6. Anyone who is sick must stay home
7. Plan in place if a student or employee gets sick
8. Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
9. Athletes and Coaches **MUST** provide their own water bottle for hydration. Water bottles must not be shared.





10. PPE (gloves, masks, eye protection) will be used as needed as situations warrant, or determined by local/state governments.
11. Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC "People Who are at a Higher Risk for Severe Illness")
12. Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.

### Classification of Sports

#### High Risk\*:

Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants. Examples: football, wrestling, cheerleading (stunts), dance

#### Moderate Risk\*:

Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports that use equipment that can't be cleaned between participants. Examples: basketball, volleyball, baseball, softball, soccer, ice hockey, tennis, pole vault, high jump, long jump, 7 on 7 football

#### Low Risk:

Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between uses by competitors. Examples: running events, cross country, throwing events, swimming, golf, weightlifting, sideline cheer

\* High/Moderate Risk Sports may move to a Low risk category with non-contact modifications. Team Activities should be limited to individual skill development drills that maintain social distancing.

## Levels of Participation

### Level 1 (PA State Red)

Team Activities: No In-person gatherings allowed, Athletes and Coaches may communicate via online meetings (zoom, google meet, etc.), Athletes may participate in individual home workouts including strength and conditioning.

1. All school facilities remain closed as per PA State Guidelines.
2. Athletes and Coaches should abide by guidelines set forth by the local and state governments.

### Level 2 (PA State Yellow or Green - once permitted by PIAA)

Team Activities may include: team meetings, open gym, kick around, weight training/conditioning, running events, cross country, throwing events, swimming, golf, and sideline cheer, etc.



Pre-workout Screening:

1. All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. The screenings could range from a verbal/written questionnaire to a temperature check. (See Appendix for COVID-19 Screening Form)
2. Responses to screening questions for each person should be recorded and stored so that there is a record of everyone present in case a student develops COVID-19
3. Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional. A clearance may be required to return to play.

Limitations on Gatherings:

1. No gathering of more than (25 Yellow - 250 Green) individuals per group including coaches per practice area.
2. Controlled non-contact practices only, modified game rules
3. Social Distancing should be applied during practices and in locker rooms, and gathering areas.

Facilities Cleaning:

1. Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
2. Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
3. Weight Room Equipment should be wiped down after an individual's use
4. Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces

Physical Activity:

1. Lower risk sports practices may begin
2. Modified practices may begin for Moderate and High risk sports (practices must remain non-contact and include social distancing where applicable, activity should focus on individual skill development)
3. Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies
4. Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
5. Hand Sanitizer should be used periodically as resources allow
6. Spotters for maximum weight lifts should be stationed at each end of the bar

Hydration:

1. Students **MUST** bring their own water bottle. Water bottles must not be shared.
2. Hydration stations (water coolers, water fountains, water cows, water troughs, etc.) should not be utilized



### Level 3 (PA State Green - once permitted by PIAA)

Team activities may include: basketball, volleyball, baseball, softball, soccer, ice hockey, tennis, pole vault, high jump, long jump, 7 on 7 football, etc.

#### Pre-workout/Contest Screening:

1. Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate health-care provider. A clearance may be required to return to play.
2. COVID-19 Screenings (Questionnaire and Temperature Checks may continue as per State and Local government recommendations)
3. Team attendance should be recorded

#### Limitations on Gatherings:

1. As per State and Local Guidelines
2. When not directly participating in practices or contests, social distancing should be considered and applied when able

#### Facilities Cleaning:

1. Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
2. Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
3. Weight Room Equipment should be wiped down after individual's use
4. Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces

#### Physical Activity and Athletic Equipment:

1. Low, Moderate, and High Risk practices and Low and Moderate Risk competitions may begin (As per State, Local, and PIAA Guidelines)
2. Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies.
3. Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
4. Hand Sanitizer should be used periodically as resources allow
5. Spotters for maximum weight lifts should be stationed at each end of the bar

#### Hydration:

1. Students MUST bring their own water bottle. Water bottles must not be shared.
2. Hydration Stations may be used but MUST be cleaned after every practice/event.

### Level 4 (PA State Green - once permitted by PIAA)

Team Activities include: Low/Moderate Sports may resume. High Risk Sports (Football, Wrestling, and Cheerleading Stunting) may begin full person to person contact and competition.



**Pre-workout/Contest Screening:**

1. Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate health-care provider.
2. COVID-19 Screenings (Questionnaire and Temperature Checks may continue as per State and Local government recommendations)
3. Team attendance should be recorded

**Limitations on Gatherings:**

1. As per State and Local Guidelines
2. When not directly participating in practices or contests, social distancing should be considered and applied when able

**Facilities Cleaning:**

1. Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
2. Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
3. Weight Room Equipment should be wiped down after individual's use
4. Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces

**Physical Activity and Athletic Equipment:**

1. All sports may resume normal practice and competition
2. Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies.
3. Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
4. Hand Sanitizer should be used periodically as resources allow
5. Spotters for maximum weight lifts should be stationed at each end of the bar

**Hydration:**

1. Students **MUST** bring their own water bottle. Water bottles must not be shared.
2. Hydration Stations may be used but **MUST** be cleaned after every practice/event.



## Other Recommendations

### Transportation

Modifications for student/coach transportation to and from athletic events may be necessary. This may include:

1. Reducing the number of students/coaches on a bus/van
2. Using hand sanitizer upon boarding a bus/van
3. Social distancing on a bus

These potential modifications will be determined by the school district, bus companies, Department of Education, State and Local governments.

### Social Distancing during Contests/Events/Activities

1. Sidelines/Bench – appropriate social distancing will need to be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments. Consider using tape or paint as a guide for students and coaches.

### Who Should Be Allowed at Events

Group people into tiers from essential to non-essential and decide which will be allowed at an event:

1. Tier 1 (Essential) – Athletes, coaches, officials, event staff, medical staff, security
2. Tier 2 (Preferred) – Media
3. Tier 3 (Non-essential) – Spectators, vendors
  - Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings.
  - Changes to seating capacity and social distancing may be necessary for each venue facility and will be determined as more recommendations are released by the local/state governments.

### Overnight/Out of State Events/Events in COVID-19 Hot Spots

The SASD will evaluate each event and follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high risk exposure.



## Positive Cases and Coaches, Staff, or Athletes Showing COVID-19 Symptoms

### What are the Signs and Symptoms of COVID-19?

Symptoms may appear 2-14 days after exposure to the virus. The symptoms may range from mild to severe. (See CDC Fact Sheet in Appendix). Symptoms may include:

1. Fever or chills (100.4 or High)
2. Cough
3. Shortness of breath or difficulty breathing
4. Fatigue
5. Muscle or body aches
6. Headache
7. New loss of taste or smell
8. Sore Throat
9. Congestion or runny nose
10. Nausea or vomiting
11. Diarrhea

### What to do if you are sick?

1. If you are sick with COVID-19 or think you are infected with the virus, **STAY AT HOME**. It is essential that you take steps to help prevent the disease from spreading to people in your home or community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, call your healthcare provider for medical advice.
2. Notify the school immediately (principal, athletic director, athletic trainer, coach)
3. It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms
4. If a Positive case of COVID-19 is Diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. See Information in Appendix.

### What to do if a student or staff become ill with COVID-19 symptoms during practice, event, or during transportation to or from an event?

1. Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event
2. If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
3. Ill individual will be asked to contact their physician or appropriate healthcare professional for direction



### Return of student or staff to athletics following a COVID-19 diagnosis?

1. **Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.**

## EDUCATION

Staff, Coaches, Parents and Athletes will be educated on the following (through posters, flyers, meetings, emails, phone calls):

1. **COVID-19 signs and symptoms**
2. **Proper ways to limit exposure to COVID-19 (hand washing, cough in your elbow, disinfecting touched surfaces, social distancing, avoid touching eyes, nose, face and mouth, no spitting, gum chewing, etc.)**
3. **No Handshakes/Celebrations (high fives, fist/elbow bumps, chest bumps, hugging), etc.**
4. **The content of this Return to Sport Guidelines Document**
5. **Any pertinent COVID-19 information released by state/local governments, NFHS, and PIAA.**
6. **students should come dressed for activity**
7. **Limit indoor activities and the areas used. Locker room use is not permitted Facility showers cannot be used**
8. **Student Athletes should remain with their assigned groups during each workout and during daily workouts to limit the number of people they come in contact with.**
9. **No students allowed in training areas without the presence of an athletic trainer**

## CONTACT INFORMATION

Please contact Zachary Walters, Athletic Director at [athletics@sasdpride.org](mailto:athletics@sasdpride.org) or at (724) 962-8300 ext. 1560 if you should have any question or require further information.



# APPENDIX





## Sharpsville Area Athletic Department Athlete and Staff COVID-19 Screening

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Grade: \_\_\_\_\_ Sports: \_\_\_\_\_

Students/Coaches should self-report as deemed necessary prior to each practice/event. Temperature may be taken from a designated trained individual as needed. The other symptoms should be marked as "N" – NO or "Y" Yes answers.

**For the column - “Close Contact” - the answer should reflect the following question:  
Within the past 14 days, have you had close contact with someone who is currently sick with suspected or confirmed COVID-19? (Note: Close contact is defined as within 6 feet for more than 10 consecutive minutes, without PPE equipment.)**

If any responses are "YES", students will NOT be allowed to practice or compete, and will be asked to leave school grounds. Temperatures at 100.4 or higher will be sent home. Parents/Guardians will be notified.

[illegible]



## What you should know about COVID-19 to protect yourself and others



### Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



### Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



### Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



### Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



### Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



### Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



COVID-19

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



## Pennsylvania Department of Health

### BACKGROUND

Contact tracing is the process of reaching out to anyone who came into close contact with an individual who is positive for COVID-19. Contact tracing helps monitor close contacts for symptoms and to determine if they need to be tested. Contact tracing is a key strategy for preventing the further spread of infectious diseases such as COVID-19.

### WHAT DOES THIS PROCESS LOOK LIKE?

1. In contact tracing, public health staff work with a case to help them recall everyone they have had close contact with during the time they were infectious.
2. Public health staff then inform individuals who have had close contact (e.g. “close contacts”) that they have potentially been exposed to COVID-19. Close contacts are only told that they may have been exposed to someone who has COVID-19; they are not told who may have exposed them.
3. Close contacts are given education, information and support so they understand their risk. They receive information on what they should do to separate themselves from others who have not been exposed, how to monitor themselves for illness, and are made aware that they could possibly spread the infection to others, even if they do not feel sick.
4. Close contacts will be asked to quarantine themselves and are encouraged to stay home and maintain social distancing through the end of their infectious period, which is about 14 days, in case they become sick. They should monitor themselves by checking their temperature twice a day and watch for any other symptoms of COVID-19. Public health staff will check in with these contacts to make sure they are self-monitoring and have not developed symptoms.
5. If a close contact develops symptoms, they should isolate themselves and let public health staff know. The close contact will be evaluated to see if they need medical care. A test may be necessary unless the individual is already in a household or long-term care facility with a confirmed case, then the close contact would be considered a probable case without a test.

### WHAT TERMS SHOULD I KNOW WHEN IT COMES TO CONTACT TRACING?

1. A **case** is a patient who has been diagnosed with COVID-19. A case should isolate themselves, meaning they should stay away from other people who are not sick to avoid spreading the illness.
2. A **close contact** is an individual who had close contact with a case while the case was infectious. A close contact should quarantine themselves, meaning they should stay at home to limit community exposure and self-monitor for symptoms.
3. A **contact of a close contact** is an individual who had or continues to have contact with a close contact. A contact of a close contact should take all regular preventative actions, like washing hands, covering coughs and sneezes, and cleaning surfaces frequently. A contact of a close contact should be alert for symptoms.



**RESOURCES:**

**NFHS: Guidance for Opening Up High School Athletics and Activities (per update on May 2020)**

**Centers for Disease Control and Prevention**

**Website: [cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html)**

**“What You Should Know About COVID-19 to Protect Yourself and Others”**

**“Schools Decision Tree”**

**PA Department of Health**

**Website: [health.pa.gov](https://health.pa.gov)**

**“Coronavirus Symptoms”**

**“What is Contact Tracing”**

**“Phased Reopening Plan by Governor Wolf”**

**A Guide to Re-Entry to Athletics in Texas Secondary Schools**

**By Jamie Woodall, MPH, LAT, ATC, CPH and Josh Woodall Med, LAT, ATC**

**Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes and the Public**

**<https://www.governor.pa.gov/covid-19/sports-guidance/>**

**Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.**

**<https://www.governor.pa.gov/covid-19/restaurant-industry-guidance/>**



**Sharpshville Area School District**  
**Participation Waiver for Communicable Diseases Including COVID-19**

**Parents/Guardians, Student Participant**

The COVID-19 pandemic has presented athletics and school related activities across the world with a myriad of challenges concerning this highly contagious illness that primarily attacks the upper respiratory system. Some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable.

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the Sharpshville Area School District (SASD) will take necessary precautions and comply with guidelines from the federal, state, and local governments, Centers for Disease Control and Prevention (CDC), PA Department of Health (DOH), as well as the National Federation of State High School Associations (NFHS) and Pennsylvania Interscholastic Athletic Association (PIAA), to reduce the risks to students, coaches, advisors, officials, event help, and their families. As knowledge regarding COVID-19 is constantly changing, SASD reserves the right to adjust and implement precautionary methods as necessary to decrease the risk of exposure for our staff, students, and spectators. Some precautionary methods in the SASD Resocialization of Sports and Activities Recommendations include but may not be limited to:

1. Health screenings prior to any practice, event, or team meeting with participation in the activities being limited and/or prohibited where an individual displays positive responses or symptoms.
2. Encourage social distancing and promote healthy hygiene practices such as hand washing, using hand sanitizer, etc.
3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Educate Athletes, Coaches, Participants, and Staff on health and safety protocols.
5. Require all participants to provide their own water bottle for hydration.

By signing this form, all of the undersigned voluntarily agree to the following Waiver and Release of liability. The undersigned agrees to release and discharge all claims for ourselves, our heirs, and as a Parent or Legal Guardian for the Student named below, against the SASD, its Board of Directors, successors, assigns, officers, agents, employees, and volunteers and will hold them harmless from any and all liability or demands for personal injury, psychological injury, sickness, death, or claims resulting from personal injury or property damage, of any nature whatsoever which may be incurred by the undersigned relating to or as a result of the undersigned's participation in athletic programs, events, and activities during the COVID-19 pandemic.

The undersigned acknowledge that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, Influenza, and COVID-19. The undersigned further acknowledge that they are aware of the risks associated with COVID-19 and that certain vulnerable individuals may have greater health risks associated with exposure to COVID-19, including individuals with serious underlying health conditions such as, but not limited to: high blood pressure, chronic lung disease, diabetes, asthma, and those whose immune systems that are compromised by chemotherapy for cancer, and other



conditions requiring such therapy. While particular recommendations and personal discipline may reduce the risks associated with participating in athletics and activities during the COVID-19 pandemic, the risk of serious illness, medical complications and possible death does exist.

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility during the COVID-19 pandemic. I willingly agree to comply with the stated recommendations put forth by the SASD to limit the exposure and spread of COVID-19 and other communicable diseases. I certify that I am in good health and good physical condition at the time of this agreement. Furthermore, I agree that if I become exposed to COVID-19 or other communicable diseases during the term of my involvement in this Sport or Activity, I will voluntarily remove myself from further participation in the Sport or Activity and notify the building principal.

**Student Participant :**

Sport / Activity: \_\_\_\_\_

Print Name of Participant: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Date: \_\_\_\_\_

**Parents or Legal Guardians :**

Parent/Guardian #1: \_\_\_\_\_  
(sign name) (print name)

Date: \_\_\_\_\_

Parent/Guardian #2: \_\_\_\_\_  
(sign name) (print name)

Date: \_\_\_\_\_

**Witness :**

Witness of Above: \_\_\_\_\_  
(sign name) (print name)

Date: \_\_\_\_\_



## Sharpsville Area School District Participation Waiver for Communicable Diseases Including COVID-19

### Coaches, Advisors, Event Workers, Event Officials, and Volunteers

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3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Educate Athletes, Coaches, Participants, and Staff on health and safety protocols.
5. Require all participants to provide their own water bottle for hydration.

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**Participant:**

Sports / Activities: \_\_\_\_\_

Print Name of Participant: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Date: \_\_\_\_\_

**Witness:**

Print Name of Witness: \_\_\_\_\_

Signature of Witness: \_\_\_\_\_

Date: \_\_\_\_\_



**Sharpsville Area School District**  
**Participation Waiver for Communicable Diseases Including COVID-19**  
**Parents, Guardians, Student Participant**

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## **Sharpsville Area School District**

### **Participation Waiver for Communicable Diseases Including COVID-19**

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Signature of Participant:

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Date:

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